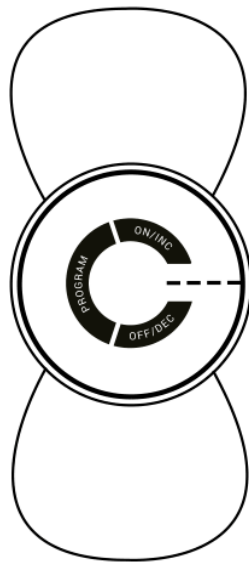


Genau G09 Wireless TENS Massager

User Manual

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THANK YOU FOR YOUR PURCHASE!



You have just purchased a product designed with quality, safety and functionality in mind. This equipment lets you exercise safely and comfortably without leaving home. Regular exercise is one of the best ways to stay healthy. For your safety and health, please read this manual before use.

Please read all instructions before using this product and keep them for future reference.

INTENDED PURPOSE

This new full-body massager combines the traditional principles of acupuncture and moxibustion with modern bioelectric technology. The device acts on different areas of the body with pulsed electrical signals, helping to relax the muscles, stimulate biologically active zones, improve blood circulation, and reduce fatigue and tension.

The massager helps relieve general tension and maintain a comfortable sense of well-being, and is especially suitable for people who spend long periods under a heavy workload. Its compact and lightweight design does not limit use by time or place: the device can be used at any time and anywhere. A reliable helper for everyday self-care.

PRODUCT FUNCTIONS AND FEATURES

Product functions

- Helps improve blood circulation and reduce muscle tension and fatigue after prolonged exertion.
- Supports overall relaxation of the body and recovery after daily activity.
- Uses pulsed electrical stimulation for deep muscle massage, helping to improve muscle tone and comfort.

Product features

- A high-tech body care device that operates at a low current level; safe and reliable.
- Modern design: simple, compact and easy to use.
- Intelligent design: 6 operating modes and 10 intensity levels, one channel with dual output. The 10 intensity levels can be switched in each of the 6 modes, so you can select a comfortable effect precisely. Supported modes: massage, stroking, training, compression, activation, kneading — 6 modes in total.

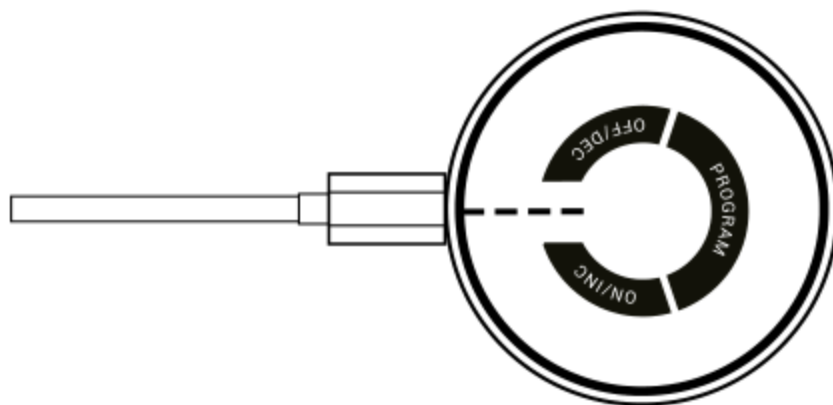
OPERATING INSTRUCTIONS

- Connect the massager to the electrodes, remove the protective film from the electrodes and attach them to the area of the body to be massaged. Make sure the skin is clean and dry and the electrodes adhere evenly to the skin.
- Press the ON/INC button briefly (about 2 seconds) to turn the device on, then press the PROGRAM button to switch modes. After the mode is changed, the intensity is automatically reset to zero and the corresponding indicator stays lit.
- Use the ON/INC or OFF/DEC buttons to adjust the intensity. The intensity indicator shows the selected level. When the green indicator appears, the device is active.
- When the massage is finished, press and hold the OFF/DEC button for about 2 seconds to turn the device off.
- Carefully peel the electrode off the skin, put the protective film back on the gel surface and put the device away for storage.

BATTERY CHARGING AND STATUS INDICATION

- Connect the USB cable to the massager.
- Connect the USB cable to a suitable power adapter (not included).
- A full charge takes about 120 minutes. While charging, the indicator flashes, switching between modes.

- During charging, the indicator displays modes 1 to 6 in sequence; when fully charged, the indicator stays lit.



TROUBLESHOOTING

Problem	Cause	Solution
No stimulation felt	The intensity level is too low	Press the ON/INC button until you feel the stimulation
No stimulation felt	The gel electrode is not in firm contact with the skin	Press the gel electrode firmly onto the skin to ensure even contact
No stimulation felt	The adhesive surface of the gel electrode is damaged	Replace the gel electrode with a new one
No stimulation felt	The adhesive surface of the gel electrode is dirty	See the “Maintenance and Storage” section and clean the gel electrode
The electrical stimulation is too weak	The battery is almost discharged	Charge the device
The electrical stimulation is too weak	The adhesive surface of the gel electrode is damaged	Replace the gel electrode with a new one
The electrical stimulation is too strong	The intensity level is too high or the electrode is attached incorrectly	Press the OFF/DEC button to reduce the intensity, or attach the gel electrode correctly
The stimulation stopped unexpectedly	The battery is discharged	Charge the device
The gel electrode does not stay on the skin	The adhesive surface is dirty or dusty	See the “Maintenance and Storage” section and clean the gel electrode

Problem	Cause	Solution
The gel electrode does not stay on the skin	The adhesive surface is damaged	Replace the gel electrode with a new one
The skin turns red or irritation appears	The gel electrode is not in firm contact with the skin	Make sure the skin is clean and attach the electrode firmly (do not use creams or lotions)
The skin turns red or irritation appears	The adhesive surface is dirty or has dried out	See the “Maintenance and Storage” section and clean the gel electrode
The skin turns red or irritation appears	The adhesive surface is damaged	Replace the gel electrode with a new one

MAINTENANCE AND STORAGE

- If the device is dirty or gel residue has formed on the gel electrode, clean the gel surface with a damp wipe and a mild soap solution.
- Store the device and its accessories in the original packaging when not in use.
- The device must be operated, transported and stored at a temperature of 10 °C to 43 °C and a relative humidity of 30–85%. All values allow a deviation of ±10%.
- Replace the gel electrode if it no longer sticks reliably to the skin. When replacement is needed, use original gel electrodes.

Limits of Operating and Storage Conditions

Parameter	Range
Atmospheric pressure	500–1060 hPa
Temperature	10 °C – 43 °C (50 °F – 110 °F)
Relative humidity	30–85 %

WARNINGS

The translation of this section has not been reviewed yet. The official text is in Russian.

- Do not use the device over the heart area, above the neck, or on areas of skin affected by disease (wounds, sprains, bruises).

- Do not use the device if you have cardiac arrhythmia, cardiovascular or cerebrovascular disease, malignant tumors, fever or influenza, acute illness, impaired sensation, abnormal blood pressure, or an allergy to the electrodes.
 - Do not use the device at the same time as other medical devices or topical medicinal products.
 - Do not use the device within 1 meter of shortwave or microwave radiation equipment.
 - Use of the device is prohibited for pregnant women, women in the postpartum period and children.
 - Do not use the device while sleeping or taking a bath.
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WARRANTY

The translation of this section has not been reviewed yet. The official text is in Russian.

Genau guarantees the high quality and reliability of its products. We strive to offer only the best, which is why all of our equipment comes with a warranty.

Attention! Find the official A4 warranty card in the box and keep it for the entire period of use of the equipment.

Note: If you did not find the warranty card in the box, please contact the service center.

Warranty Terms

1. The warranty period starts from the date of sale.
2. The warranty covers defects caused by manufacturing faults or defective materials.
3. Warranty service is carried out at authorized service centers.
4. If the product breaks down during the warranty period, the customer must bring this warranty card and the complete product to a service center for diagnostics and repair.
5. If the warranty claim is confirmed, the product will be repaired or replaced free of charge.
6. The warranty does not cover the following cases:
 - mechanical damage caused by improper use or transportation;
 - damage caused by liquids, fire, chemicals or other external factors;
 - failures caused by not following the operating instructions;
 - modifications to the design or repairs carried out by unauthorized persons without the approval of the Service;
 - consumables and components with a limited service life (belts, batteries, etc.).

Warranty claims

To receive warranty service, the customer should contact the seller (the place where the equipment was purchased).

Full Genau warranty card

SPECIFICATIONS

Parameter	Value
Model	Genau G09
Power	4.5 V, 150 mAh
Battery	Rechargeable polymer battery
Operating time	About 300 minutes
Frequency	4–45 Hz
Full charging time	120 minutes
Intensity levels	10
Stimulation modes	6
Adhesive electrodes	Gel pads, conductive carbon film, PET, PE film
Manufacturer	Zhejiang Lijiujia Sports Equipment Co., Ltd., No.88 Yuegui South Road, Xicheng Street, Yongkang, Zhejiang, China

SERVICE

For questions about the operation of the myostimulator and warranty, please contact Genau service in Kyrgyzstan.

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Official website genau.kg